

Individual Breakfast Items

Category	Item	Ingredients	ALLERGENS
Mini Croissants	Plain	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil	gluten, milk, eggs,
	Chocolate	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil ,cocoa mass, cocoa butter, soya lecithin	gluten, milk, eggs, soya
	Almond	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil , almonds flakes.	gluten, milk, eggs, nuts
Regular Croissants	Plain	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil	gluten, milk, eggs,
	Chocolate	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil ,cocoa mass, cocoa butter, soya lecithin	gluten, milk, eggs, soya
	Almond	Flour (WHEAT), Sugar, Whey Powder (MILK), Improver, Yeast, Salt, Liquid EGG, Water, Butter (MILK), Oil , almonds flakes.	gluten, milk, eggs, nuts
Mini Danish Pastries	ALL Options	<p>MINI VANILLA CROWN: DOUGH: Wheat flour (calcium, iron, niacin, thiamin), Vegetable margarine(palm oil, rapeseed oil, water , emulsifier(E471), salt, acidity regulator, (e330), flavouring)water, yeast, egg yolk, sugar, improver(wheat flour, wheat gluten, yeast, rapeseed oil, flour treatment agent(E300), FILLING: water, custard powder(sugar, modified potato starch, whey powder, skimmed milk powder, coconut fat powder, glucose syrup, stabilisers (E404, E450ii, e339ii), flavouring, salt, milk protein, colour(E160aiii), sugar, Vegetable margarine(palm oil, rapeseed oil, water , coconut oil, salt, emulsifier(E471), acidity regulator(E330), flavouring), wheat flour,almond powder, flavouring. TOPPING: glaze(water, glazing agent(E953), sugar, gelling agent(E406), acidity regulator(E330),preservative(E202). CINNAMON SWIRL: DOUGH: Wheat flour (calcium, iron, niacin, thiamin), Vegetable margarine(palm oil, rapeseed oil, water , emulsifier(E471), salt, acidity regulator, (e330), flavouring)water, yeast, egg yolk, sugar, improver(wheat flour, wheat gluten, yeast, rapeseed oil, flour treatment agent(E300), FILLING: Vegetable margarine(palm oil, rapeseed oil, water , coconut oil, salt, emulsifier(E471), acidity regulator(E330), flavouring), sugar, water,custard powder(sugar, modified potato starch, whey powder, skimmed milk powder, coconut fat powder, glucose syrup, stabilisers (E404, E450ii, e339ii), sugar syrup, cinnamon, wheat flour, cane sugar syrup.TOPPING: glaze(water, glazing agent(E953), sugar, gelling agent(E406), acidity regulator(E330),preservative(E202).</p> <p>RASPBERRY CROWN: DOUGH: Wheat flour (calcium, iron, niacin, thiamin), Vegetable margarine(palm oil, rapeseed oil, water , emulsifier(E471), salt, acidity regulator, (e330), flavouring)water, yeast, egg yolk, sugar, improver(wheat flour, wheat gluten, yeast, rapeseed oil, flour treatment agent(E300), FILLING: raspberry filling(raspberries, sugar, water, cornflour, gelling agent(E406),elderberry juice concentrate, acidity regulator,(E331), preservative(E202), sugar, Vegetable margarine(palm oil, rapeseed oil, water , coconut oil, salt, emulsifier(E471), acidity regulator(E330), flavouring), water, wheat flour, almonds powder, flavourings. TOPPING: glaze(water, glazing agent(E953), sugar, gelling agent(E406), acidity regulator(E330),preservative(E202).</p> <p>APPLE CORONET: : Wheat flour (calcium, iron, niacin, thiamin), Vegetable margarine(palm oil, rapeseed oil, water , emulsifier(E471), salt, acidity regulator, (e330), flavouring)water, yeast, egg yolk, sugar, improver(wheat flour, wheat gluten, yeast, rapeseed oil, flour treatment agent(E300); STABILISER(e440i). FILLING: apple filling: apples, sugar, cornflour,water, flavouring, preservative(E202). TOPPING: glaze(water, glazing agent(E953), sugar, gelling agent(E406), acidity regulator(E330),preservative(E202). MAPLE PECAN PLAIT: Wheat flour (calcium, iron, niacin, thiamin), Vegetable margarine(palm oil, rapeseed oil, water , emulsifier(E471), salt, acidity regulator, (e330), flavouring)water, yeast, egg yolk, sugar, improver(wheat flour, wheat gluten, yeast, rapeseed oil, flour treatment agent(E300); STABILISER(e440i). FILLING: sugar, Vegetable margarine(palm oil, rapeseed oil, water , coconut oil, salt, emulsifier(E471), acidity regulator(E330),flavouring), water, maple syrup, custard powder(sugar, modified potato starch, whey powder, skimmed milk powder, coconut oil, stabiliser(E404, E450iii, 339ii, E451i), glucose syrup, flavouring, colour(E160aiii),salt, milk protein), tapioca starch, wheat flour, cane sugar syrup, thickeners(E401, E440i), flavouring. TOPPING: glaze(water, glazing agent(E953), sugar, gelling agent(E406), acidity regulator(E330),preservative(E202)), pecan nuts(3,5%)</p>	gluten, milk, eggs, nuts, soya,
Filled Croissants (Reg)	Gammon Ham & Emmental	Flour , Sugar, Whey Powder , Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, Pork Legs (EC approved), Water, Salt, Modified Starch, Dried Glucose Syrup, Dextrose, Sodium Triphosphate (E415), Stabilizers (E407, E415), Flavour Enhancer (E621), Antioxidant (E301), Flavouring [Natural Spice & Herb Extract], Honey ,Preservative (E250), Pasteurised Cow's Milk, Salt, Lactic Starter, Microbial Rennet. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs,
	Smoked Salmon & Cream Cheese Croissants	Flour , Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter , Oil, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, Salmon, Coarse Ground Black Pepper, skimmed milk, cream, modified tapioca starch, E410, E415	gluten, milk, eggs, fish

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	Brie, Cranberry & Spinach Croissants	Flour, Sugar, Whey Powder , Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, Cow's MILK , Salt, Calcium Chloride, Microbial Rennet, Starter Cultures, Penicillin Candidum, Sugar Syrup,Cranberries,Water,Gelling Agent (Pectin),Acidity Regulators (Citric Acid, Sodium Citrate, Calcium Citrate),Preservative (Potassium Sorbate), fresh spinach.	gluten, milk, eggs,
	Boiled Free Range Egg & Bacon Croissants	Flour , Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter , Oil ,EGGS, Water, Citric Acid, Tri-Sodium Citrate, , Pork Belly, Salt, Glucose, Antioxidant: Sodium Ascorbate, Preservative; Sodium Nitrite, [Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)].	gluten, milk, eggs,
	Emmental & Fresh Tomato Croissants	Flour, Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, tomatoes, MILK, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs,
	Smashed Avocado Croissants & Baby Leaf Spinach	Flour , Sugar, Whey Powder , Improver, Yeast, Salt, Liquid EGG, Water, Butter, avocado, lemon juice: lemon juice from concentrate, preservative(potassium metabisulphite),spinach	gluten, milk, eggs,
	Boiled Free Range Egg Mayo Croissants & Cress	Flour , Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter , Oil ,EGGS, Water, Citric Acid, Tri-Sodium Citrate, , [Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)].	gluten, milk, eggs,
Mini Savoury Filled Croissants	Gammon ham & tomato	Flour , Sugar, Whey Powder , Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, Pork Legs (EC approved), Water, Salt, Modified Starch, Dried Glucose Syrup, Dextrose, Sodium Triphosphate (E415), Stabilizers (E407, E415), Flavour Enhancer (E621), Antioxidant (E301), Flavouring [Natural Spice & Herb Extract], Honey ,Preservative (E250), tomatoes, vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs,
	Smoked salmon & cream cheese	Flour , Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter , Oil, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, Salmon, Coarse Ground Black Pepper, skimmed milk, cream, modified tapioca starch, E410, E415	gluten, milk, eggs, fish
	Emmental & Fresh Tomato	Flour, Sugar, Whey Powder, Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, tomatoes, MILK, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs,
	Ham & Emmental	Flour , Sugar, Whey Powder , Improver, Yeast, Salt, Liquid EGG, Water, Butter, Oil, Pork Legs (EC approved), Water, Salt, Modified Starch, Dried Glucose Syrup, Dextrose, Sodium Triphosphate (E415), Stabilizers (E407, E415), Flavour Enhancer (E621), Antioxidant (E301), Flavouring [Natural Spice & Herb Extract], Honey ,Preservative (E250), Pasteurised Cow's Milk, Salt, Lactic Starter, Microbial Rennet. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs,
Filled Breakfast Bagels	Gammon Ham & Emmental	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid, pork legs (EC approved), Water, Salt, Modified Starch, Dried Glucose Syrup, Dextrose, Sodium Triphosphate (E415), Stabilizers (E407, E415), Flavour Enhancer (E621), Antioxidant (E301), Flavouring [Natural Spice & Herb Extract], Honey ,Preservative (E250), Pasteurised Cow's Milk, Salt, Lactic Starter, Microbial Rennet. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	gluten, milk, eggs, soya
	Smoked Salmon & Cream Cheese	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid, salmon,skimmed milk, cream, modified tapioca starch, E410, E415,	gluten, milk, eggs, soya
	Brie Cheese, Cranberry Jam & Baby Leaf Spinach (V)	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid, milk, natural rennet,	gluten, milk, eggs, soya
	Mature Cheddar & Tomato (V)	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid	gluten, milk, eggs, soya
	Bannana & Peanut Butter (VE)	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid, peanuts, bananas,salt, sugar, palm oil	gluten, milk, eggs, soya,peanuts
	Hummous & Roasted Peppers (VE)	Wheat flour, calcium, niacin, thiamin, water, sugar, malted wheat flour, soya flour, yeast, salt, vegetable oil, ascorbic acid, chickpeas, rapeseed oil, garlic, lemon juice, sesame seeds, E202,E111, peppers, salt, black pepper	gluten, milk, eggs, soya, sesame
Home Made American Style Breakfast Muffins	Chocolate	Wheat flour,butter, eggs, milk, baking powder, sodium bicarbonate, sugar, salt, cocoa mass, cocoa butter, soya lecithin, vanilla flavour	gluten, milk, eggs, soya
	Blueberry	Wheat flour,butter, eggs, milk, baking powder, sodium bicarbonate, sugar, salt	gluten, milk, eggs,
	Cherry	Wheat flour,butter, eggs, milk, baking powder, sodium bicarbonate, sugar, salt, cherry, water, sugar, modified starch, citric acid, elderberry juice, potassium sorbate.	gluten, milk, eggs,
	Banana	Wheat flour,butter, eggs, milk, baking powder, sodium bicarbonate, sugar, salt, bananas.	gluten, milk, eggs,
	Oats	Wheat flour,butter, eggs, milk, baking powder, sodium bicarbonate, sugar, salt, oats	gluten, milk, eggs,
Breakfast Loaf cakes	BANANA LOAF SLICES	Bananas, eggs, wheat flour, vegetable, sugar, baking powder,sodium bicarbonate, salt, vanilla flavour.	gluten, eggs,
	COCONUT & JAM BREAKFAST LOAF SLICES	Wheat flour, sugar, eggs, bananas, coconut flakes, cherry, raspberries, modified starch, elderberry juice, citric acid,potassium sorbate, vegetable oil, sodium bicarbonate, baking powder, salt.	gluten, eggs,

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	BLUEBERRY BREAKFAST LOAF SLICES	Wheat flour, sugar, eggs, bananas, blueberries, vegetable oil, sodium bicarbonate, baking powder, salt.	gluten, eggs,
Breakfast Fresh Fruit Salads (5oz)	Mini	Melon, cantaloupe, pineapple, kiwi, strawberries, blueberries	
Breakfast Fresh Fruit Salads (8oz)	Regular Size	Melon, cantaloupe, pineapple, kiwi, strawberries, blueberries	
Fresh Fruit Skewers		Melon, cantaloupe, pineapple, kiwi, strawberries, grapes	
Jam Filled Dounuts		Wheat flour, water, palm oil, glucose syrup, raspberry purée, sugar, yeast, dextrose, soya flour, sunflower oil, whey powder, Sodium bicarbonate, pectin, flavouring, citric acid, sodium citrate, salt, concentrated elderberry juice, beta-carotene, ascorbic acid, carrot concentrate	gluten, soya
BREAKFAST POTS	BANANA CHIA & PEANUT BUTTER BREAKFAST POT	bananas, chia seeds, peanuts, coconut oil, palm oil ,sugar, sea salt	peanuts
	CACAO CHIA BERRY BREAKFAST POT	Milk, live cultures, cocoa powder, berries, chia seeds.	milk,
	GREEK YOGURT WITH HONEY & NUTTY GRANOLA POT	milk, live cultures, honey, oat flakes, sugar, raisins, palm oil, almonds, dessicated coconut, maple syrup, cinnamon	milk, nuts
	OVERNIGHT PORRIDGE OATS WITH BANANA BERRIES & HONEY POT	milk, oats, bananas, palm oil, sugar, berries, honey	milk,
	Creamy Coconut Yogourt with Banana & GF Granola POT	coconut cream, water, tapioca starch, live vegan cultures, bananas, palm oil, honey, oat flakes, sugar, raisins, palm oil, almonds, dessicated coconut, maple syrup, cinnamon	nuts
	Smoothie & Greek Yogourt Shots Topped with Home Made Granola	Milk, live cultures, berries, honey, oat flakes, sugar, raisins, palm oil, almonds, dessicated coconut, maple syrup, cinnamon	milk, nuts
	Mini Yogourt, Oats, Honey & Banana Pots	Milk, live cultures, oats, honey, bananas, palm oil, sugar	milk,
Breakfast Rolls	Bacon	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, Pork Belly, Salt, Glucose, Antioxidant: Sodium Ascorbate, Preservative; Sodium Nitrite. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D	gluten, soya,
	Sausage	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, pork, water, wheat flour, salt, E503ii, pea starch, herbs, E450a, E621, spices, spice and herb extract, sulphur dioxide, natural hog casings	gluten, soya, sulphites
	Egg	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, eggs	gluten, soya, eggs
	Bacon & Egg	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, Pork Belly, Salt, Glucose, Antioxidant: Sodium Ascorbate, Preservative; Sodium Nitrite, eggs,	gluten, soya, eggs
	Sausage & Egg	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, pork, water, wheat flour, salt, E503ii, pea starch, herbs, E450a, E621, spices, spice and herb extract, sulphur dioxide, natural hog casings, eggs	gluten, soya, sulphites, eggs
	Bacon, Egg & Cheddar Cheese	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, eggs, milk	gluten, soya, milk, eggs
	Sausage & Egg & Cheddar Cheese	Wheat Flour, Water, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), Sugar, (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330) Salt, Yeast, pork, water, wheat flour, salt, E503ii, pea starch, herbs, E450a, E621, spices, spice and herb extract, sulphur dioxide, natural hog casings, eggs, cheese	gluten, soya, sulphites, eggs, milk
Mini Ciabatta breakfast Roll	Bacon	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour, Pork, water, sodium nitrite, sodium ascorbate	gluten
	Sausage	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour, pork, water, wheat flour, salt, E503ii, pea starch, herbs, E450a, E621, spices, spice and herb extract, sulphur dioxide, natural hog casings	gluten, sulphites,
	Egg	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour, eggs	gluten , eggs
	Quorn Sausage	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour, Mycoprotein , Textured Wheat Protein (Wheat Flour, Stabiliser: Sodium Alginate), Water, Vegetable Oils (Rapeseed, Palm), Onions, Seasoning (Yeast Extract, Salt, Potassium Chloride, Herbs (Sage, Parsley), Fructose, White Pepper, Rusk (Wheat Flour, Salt), Barley Malt Extract, Carrot Powder, Leek Powder, Sage Extract, Nutmeg Extract), Potato Protein, Rusk (Wheat Flour, Salt, Yeast), Wheat Gluten, Casing (Stabiliser: Sodium Alginate, Cellulose, Modified Starch), Potato Starch, Tapioca Starch), Firming Agent: Calcium Chloride, Pea Fibre	gluten,
	mushroom omelette	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour, eggs, salt, pepper, mushrooms, vegetable oil	eggs, gluten,
Waffles, Crepes & Pancakes	BELGIAN WAFFLES WITH BANANA & MAPLE SYRUP	Flour, Sugar, Baking Powder, Egg, Milk, Butter, banana, maple syrup	gluten, eggs, milk,
	CREPE PANCAKE WITH BANANA & NUTELLA	Wheat flour, milk, eggs, salt, bananas, Sugar, Palm Oil, Hazelnuts , Skimmed Milk Powder , Fat-Reduced Cocoa , Soya Lecithins , Vanillin	gluten, eggs, milk, nuts, soya
	AMERICAN PANCAKES WITH MAPLE SYRUP & STRAWBERRIES	Wheat flour, milk, eggs, salt, baking powder, vegetable oil, maple syrup, strawberries	gluten, eggs, milk,

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Continental sliced Meat Platter	3 portions of sliced meats to include Mortadella, Salami & Bresaola	Pork, Salt, Sugar, Antioxidant (Sodium Ascorbate), White Pepper, Mace, Dried Garlic, Flavourings, Nutmeg, Preservative (Sodium Nitrite), Coriander Extract, Pork, Red Chilli, Salt, Flavourings, Dextrose, Paprika, White Pepper, Antioxidant (Sodium Ascorbate), Black Pepper, Preservatives (Sodium Nitrite, Potassium Nitrate) Beef, Salt, Black Pepper, Garlic, Juniper Berry, Cinnamon, Nutmeg, Bay Leaf, Preservatives: Potassium Nitrate, Sodium Nitrite.	
	Served with olives, tomato and Italian breads	Green and black olives,salt, tomatoes, White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour	gluten
Continental Sliced Cheese Breakfast Platter with Crackers	A combination of Emmental, English Cheddar, Brie, with crackers, butter & pickle	Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin), Vegetable Oil (Palm), Salt, Raising Agent (Sodium Bicarbonate), Yeast, milk, Vegetables in variable proportions ,Carrot, Rutabaga, Onion, Cauliflower, Sugar, Barley Malt Vinegar, potassium metabisulphite, Water, Spirit Vinegar, Modified Maize Starch, Tomato Purée, Dale Paste (Dates, Rice Flour), Apple Pulp, Salt, Colour (Sulphite Ammonia Caramel), Onion Powder, Concentrated Lemon Juice, Spices, Colouring Food (Roasted Barley Malt Extract), Herb and Spice Extracts	gluten, milk, sulphites