Category Item Ingredients ALLERGENS

Category	item	ingredients	ALLERGENS
Best POULTRY, HOME ROASTS & CURED MEAT	English Crispy Bacon, Lettuce, Fresh Tomato with Dijon Mayonnaise on Ciabatta Chicken Schnitzel, Swiss Cheese, Crunchy Lettuce and Mayonnaise on	White Wheat Flour, Water, Yeast, Extra Virgin Oil, Salt, Malt Wheat Flour.Pork, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite),letuce, tomatoes, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], Water, Mustard Seed, Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite),Milk, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper. WHEAT flour, water, RYE flour, yeast, iodized salt, dried WHEAT sour dough, WHEAT GLUTEN, olive oil extra virgin, dextrose, herbs/herbs extracts, BARLEY malt	egg, mustard, sulphites, milk, gluten gluten, milk, eggs, mustard
	White Flagette	flour, LACTOSE, spice.Chicken Breast Inner Fillet, Water, Palm Oil, Tapioca Starch, Salt, Coating (Flour (Wheat), Starch (Maize, Tapioca), Wheat Gluten, Salt, Yeast Extract, Spice (Black Pepper), Sugar, Raising Agent, (E450, E500), Yeast, Palm Oil), milk, rennet, lettuce, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene), milk, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D.	age will glutan mustage
	English Home Roast Topside Beef, Horseradish, Rocket, Fresh Tomato and Mayonnaise on Rustic Ciabatta	WHEAT Flour (WHEAT Flour, WHEAT GLUTEN, Malted WHEAT Flour, Flour Treatment Agent (E300)), Water, Starter dough (WHEAT flour, Water, Salt, Yeast, WHEAT GLUTEN, Malted WHEAT Flour, Beef, water, salt, modified starch, dried glucose syrup, dextrose, sodium triphosphate(E415), stabilisers(E407,E415),flavour enhancer(E621), horseradish, rocket, fresh cut tomatoes, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper.	eggs, milk, gluten, mustard
	Home Baked Wiltshire Ham, Mature English Cheddar and Baby Leaf on Bocata	WHEAT Flour, Water, Whole WHEAT Flour, Yeast, Iodised Salt, Gluten (WHEAT), Malt Flour (WHEAT), Roasted Malt Flour (WHEAT), Pork, water, salt, modified starch, dried glucose syrup, dextrose, sodium triphosphate(E415), stabilisers(E407,E415), flavour enhancer(E621), antioxidantE301, flavouring, honey, preservativeE250, milk, rennet,baby spinach, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper.	eggs, milk, gluten, mustard
	Royal Jubilee Coronation Chicken with Baby Leaf & Sliced Cucumber on Plain flour flap	Wheat flour(Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal Flour, Water, Vegetable Oil (Palm, Rapeseed), Linseeds(Golden, Brown), Raising agents (Disodium Diphosphate, Sodium Bicarbonate), Humectant (Glycerine), Sugar, Salt, Emulsifier (Mono and Diglycerides of Fatty Acids), Stabilisers (Xanthan Gum), Acidity Regulator(Citric Acid), Chicken Breast MILK & SOYA Proteins, Water, Salt, Lactose (MILK), Gelling (E407a, E331, Stabilizing E451) Coronation Mayo Containing: Vegetable Oil, Curry Paste, Coriander, Salt, Rice Flour, Tumeric, Fenugreek, Black Pepper, Cumin, Ginger, Garlic, Acidity Regulator (Acetic Acid), Flavouring, Pasteurised EGG yolk, mustard, milk, Iceberg Lettuce, Baby Spinach, Rocket Leaves, Radicchio, sliced cucumber. Salt, Black Pepper	milk, soya, eggs, gluten, mustard
FISH & SEAFOOD Platter	Simply Smoked Salmon, Cream Cheese & Cucumber	Salmon, skimmed milk, cream, modified tapioca starch, E410, E415, fresh cut cucumber. Coarse Ground Black Pepper.	FISH, milk, gluten
	Tuna Tex Mex Flaky Tuna, Mayo & Cucumber	sour cream , cumin, iceberg letuce Tuna , Water, Salt, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (fish, milk, gluten, celery fish, eggs, milk, gluten, mustard
	Cold Water Prawns, Lemon Mayo &	Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene), Cucumber, Milk, Salt, Black Pepper King prawns, lemon juice , potassium metabisulphite, Water, Rapeseed Oil,	crustaceean, eggs, gluten,
	Ground Black Pepper	Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene), Coarse Ground Black Pepper.	sulphites, mustard
	Severn & Wye Poached Salmon, Classic Tartar, Cucumber & Crisp Lettuce	Salmon, Water, Rapeseed Oil, Gherkins (11%), Sugar, Stabiliser: Modified Maize Starch (E1422), Spirit Vinegar, Pasteurised Egg Yolk, Salt, Maltodextrin, Water, Mustard Flour, Salt, Tumeric, Preservative: Acetic Acid (E260), Salt, Capers, Stabiliser: Xanthan Gum (E415), Dill Flavour, Preservative: Potassium Sorbate (E202), cucumber, iceberg lettuce, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper, Cider Vinegar (contains Sulphites).	fish, eggs, mustard, gluten sulphites
CHEESE, FREE RANGE EGGS & VEGETABLES Platter	Mature English Cheddar & Salad with Woodbridge Chutney	Cow's Milk, Salt, Animal Rennet, Lysozyme E1105 (preservative),baby spinach, icebreg lettuce, rocket, Pears, Cider Vinegar (contains Sulphites), Brown Sugar, Tomatoes, Stick Celery, Onions, Raisins, Salt, Cayenne Pepper, Ground Ginger, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D.	milk, soya, eggs, gluten, sulphites, celery

New for 2021 Sandwich & Rolls Platters

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	Free Range Rough Cut Egg Mayo, Fresh Tomato & Peppery Rocket Leaves	EGGS, Water, Citric Acid, Tri-Sodium Citrate, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], Coarse Ground Black Pepper, tomatoes, rocket.	eggs, gluten, mustard
	Crumbley Feta Cheese, Jalapeno and Sundried Tomato Salsa	Pasteurised sheep and goat milk, salt, microbial rennet, starter culture, calcium chloride, jalapeno, water, salt acetic acid, Tomatoes, Rapeseed, Oil, Salt, Garlic, Oregano, Water, Rapeseed Oil,	milk, eggs,
	Chickpea Hummus, Sesame Baked Falafel, Chickpeas & Salad	Chickpeas, Onion, WHEAT Flour, Sugar, Cumin, Coriander, Parsley, Black Pepper, Raising Agent Sodium Bicarbonate, Water, Rusk, WHEAT Flour, Salt, Parsley, Rapeseed Oil, Kibbled Oil, Rice Starch, Corinder, Garlic Puree, Chickpeas, Rapeseed Oil, Water, Salt, Garlic Granules. Lemon Juice, Extra Virgin Oil, SESAME Seed, E202, E111, Carrots, Baby Spinach, rocket. Coarse Ground Black Pepper	sesame, gluten
	Creamy Italian Mozzarella, Fresh Tomato,	Pasteurised Cow Milk, Salt, Microbiological Rennet, Citric Acid. Tomatoes. Sunflower Oil, Basil, CASHEW Nuts, Palm Oil, Medium Fat Hard Cheese (MILK), Salt, Garlic, Antioxidant: Ascorbic Acid, Basil. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper	milk, nuts, gluten
The PLANT POWER platter	Non Dairy 'Cheddar' Cheeze, Smokey Mayo & Salad on Bocata	Wheat Flour, Water, Salt, Sugar, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330), Yeast, Mixed Herbs(Basil, Oregano, Parsley, Marjoram, Sage, Thyme), Water, coconut oil, modified starch, starch, sea salt, sunflower kernel, mature cheddar flavour, lactic acid, olive extract, b-carotene, vitamin B12, rapeseed oil, water, spirit vinegar, sugar, salt, modified starch, mustard, xanthan gum, potassium sorbate, smoked paprika, lemon juice, natural flavouring, turmeric, paprika extract, iceberg lettuce,	gluten, mustard, soya
	Hummus Avocado Fresh Tomato & Rocket Leaves on Brown Bagnet	Chickpeas, sesame,Rapeseed Oil, Water, Salt, Garlic Granules. Lemon Juice, Extra Virgin Oil, E202, E111, avocado, Iemon juice, potassium metabisulphite, fresh cut tomatoes, rocket, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, Coarse Ground Black Pepper.	sulphites, gluten,sesame
	No Fish! Chickpea 'Tuna', Sweetcorn, Mayo, Cucumber Slices & Baby Leaf on wholemeal wrap	Chickpeas, sweetcorn, rapeseed oil, water, spirit vinegar, sugar, salt, modified starch, mustard, xanthan gum, potassium sorbate, smoked paprika, lemon juice, natural flavouring, turmeric, paprika extract, cucumber, spinach, Wholemeal Wheat Flour, water, wheat bran, Palm oil, Disodium Diphosphate, Sodium Hydrogen Carbonate; Sugar, Citric Acid; Mono- and Diglycerides of Fatty Acids; Salt, Calcium Propionate; Wheat Starch	gluten, mustard, fish,
	Tofu 'Egg'Less' Mayo with Mustard & Cress on Multi-Cereal Baguette		gluten, mustard, sulphites, soya
	Beetroot, hummus & crispy chickpea on Rustic Ciabatta		sulphites, gluten, sesame
BAGEL PLATTER	Salt Beef, Mustard Mayo & Emmental	Beef, water, salt, modified starch, dried glucose syrup, dextrose, sodium triphosphate(E415), stabilisers(E407,E415), flavour enhancer, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene), Water, Mustard Seed, Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite) Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, milk, Coarse Ground Black Pepper.	eggs, mustard, sulphites, gluten
	Turkey, Wholegrain Mustard, Tomato & Iceberg Lettuce	Turkey breast, Water, Mustard Seed , Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite), Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], tomatoes, iceberg lettuce, ground pepper.	mustard, sulphites, eggs, gluten
	Smoked Salmon & Cream Cheese	Salmon, skimmed milk, cream, modified tapioca starch, E410, E415, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper.	milk, fish, gluten
	Tuna Sweetcorn Mayo & Cucumber	Tuna , Water, Salt, sweetcorn, salt, water, cucumber, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene).	fish, eggs, mustard, gluter
	Brie Cheese, Cranberry Jam & Baby Leaf Spinach		milk, gluten

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	Mature Cheddar & Sweet Pickle	Unpasteurised Cow's Milk, Salt, Animal Rennet, Lysozyme E1105 (preservative), Carrot, Onion, Cauliflower, Sugar, Spirit Vinegar, Water, Tomato Purée, Dates, Rice, Salt, Modified Maize Starch, Colour (Sulphite Ammonia Caramel), Onion Powder, Concentrated Lemon Juice, Spices, Colouring Food (Roasted Barley Malt Extract), Herb and Spice Extracts, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, milk, Coarse Ground Black Pepper.	milk, sulphites, gluten,
BAGUETTE PLATTER	Chicken Breast, Sage & Onion Stuffing, Herb Mayo & Iceberg	Chicken breast, Breadrusk Wheatflour Calcium Carbonate, Iron, Niacin, Thiamine, Yeast, Salt. Dried Onion , Salt, Rapeseed Oil, Dried Sage, Dried Parsley, Sage Extract,Salt, Herb Extracts, mixed herbs, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], iceberg lettuce.	gluten, milk, eggs, milk, mustard
	Roast Beef, Red Cabbage, Horseradish Relish & rocket leaves	Beef, water, salt, modified starch, dried glucose syrup, dextrose, sodium triphosphate(E415), stabilizers(E407;E415), flavour enhancer(E621), antioxidant (E301), flavouring, red cabbage, rapeseed oil, dried horseradish, sugar, egg yolk, acetic acid, salt, mustard flour, xanthan gum, potassium sorbate, natural flavouring, rocket leaves.	eggs, mustard,
	Wiltshire Honey Roast Ham & Emmental Cheese with fresh Tomato	Pork,water, salt, modified starch, dried glucose syrup, dextrose, sodium triphosphate(E415), stabilisers(E407,E415), flavour enhancer(E621), antioxidantE301, flavouring, honey, preservativeE250, milk, rennet, tomatoes, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper.	milk,
	Egg Mayo, crispy Bacon & Mustard Cress	Pork, Salt, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite), EGGS, Water, Citric Acid, Tri-Sodium Citrate Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], Coarse Ground Black Pepper, Water, Mustard Seed, Spirit Vinegar, Salt, Acidity Regulator (Citric Acid), Preservative (Sodium Metabisulphite), Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, milk, Coarse Ground Black Pepper, cress.	eggs, mustard, sulphites,
	Mature Cheddar, Chipotle Chilli Jam, Cucumber, Iceberg & Spinach Leaves	Unpasteurised Cow's Milk, Salt, Animal Rennet, Lysozyme E1105 (preservative), Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, Sugar, Red peppers, Water, White Grape Vinegar, Tomato puree, Chipotle Chilli Paste, Dried onions, Conc lemon juice, Salt, Garlic puree, Ascorbic Acid (and Ascorbates), Dextrose, Fructose, Maize Flakes, Masa Flour, Maize Germ, Caramel & caramel colours (derived from glucose syrup), Glucose Syrup (corn syrup), Maize Gluten, Modified Maize Starch, cucumber, iceberg lettuce, spinach leaves.	milk, sulphites
	Sliced boiled Egg, sun kissed Tomatoes, shaved Parmesan & Rocket	EGGS, Water, Citric Acid, Tri-Sodium Citrate Slow Roasted Tomatoes, Rapeseed Oil, Salt, Garlic, Oregano, Cow's Milk, Salt, Animal Rennet, Lysozyme E1105 (preservative), rocket.	eggs, milk
CIABATTA & FOCACCIA PLATTER	Char-grilled Chicken with Mayo, toasted Almonds & Rocket Focaccia	Wheat Flour, Water, Salt, Sugar, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330), Yeast, Mixed Herbs(Basil, Oregano, Parsley, Marjoram, Sage, Thyme), Chicken breast, Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)], almonds, rocket, Coarse Ground Black Pepper.	gluten, eggs, nuts, mustard, soya.
	Milano Salami, & Smoked Cheese Ciabatta	Pork, Salt, Dextrose, White Pepper, Antioxidant (Sodium Ascorbate), Preservatives (Sodium Nitrite, Potassium Nitrate), Dried Garlic, Cheese, Butter, Water, Emulsifying Salts (Sodium Polyphosphate, Disodium Phosphate), White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour. Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D, White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour,	gluten, milk
	Chicken Escalope with Chive Aioli & Mixed Leaves Focaccia	Wheat Flour, Water, Salt, Sugar, (Bread Improver - Carrier E170, Emulsifier E472e, Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme Preparation), (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier E471, Citric Acid E330), Yeast, Mixed Herbs(Basil, Oregano, Parsley, Marjoram, Sage, Thyme), Sliced Black Olives; Chicken Breast Inner Fillet, Water, Palm Oil, Tapioca Starch, Salt, Flour (Wheat), Starch (Maize, Tapioca), Wheat Gluten, Salt, Yeast Extract, Spice (Black Pepper), Sugar, Raising Agent, (E450, E500), Yeast, Palm Oil), Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG Yolk, mustard Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar Gum), Potassium Sorbate, Sodium Benzolate), Flavouring, Natural Colour (Beta Carotene)), Chives, Lemon Juice, Potassium Metabisulphite, Fresh Garlic, Water, Salt, Vegetable Oil, Preservatives: Acetic Acid (E-260), Citric Acid (E-330) Potassium Metabisulphite (Sulphites) (E-224), Potassium Sorbate (E-202), Thickener: Xanthan Gum (E-415)), Coarse Ground Black Pepper. Baby Spinach , Vegetable Oils in varying proportions (Rapeseed Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta Carotene, Vitamin A, Vitamin D. Coarse Ground Black Pepper.	mustard

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	Egg Mayo with Baby Leaf Spinach	Wheat Flour, Water, Salt, Sugar, (Bread Improver - Carrier E170, Emulsifier E472e,	eggs, gluten, soya,
	Focaccia	Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme	mustard
		Preparation), (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier	
		E471, Citric Acid E330), Yeast, Mixed Herbs(Basil, Oregano, Parsley, Marjoram,	
		Sage, Thyme), Sliced Black Olives, Vegetable Oils in varying proportions (Rapeseed	
		Oil, Palm Oil), Water, Salt, Emulsifier: E471, Flavour, Natural Colour: Beta	
		Carotene, Vitamin A, Vitamin D, EGGS, Water, Citric Acid, Tri-Sodium Citrate	
		Water, Rapeseed Oil, Thickener (Modified Starch), Sugar, Pasteurised EGG	
		Yolk,mustard, Salt, Acidity Regulator (Acetic Acid) Stabilisers (Xanthan Gum, Guar	
		Gum) Preservatives (Potassium Sorbate, Sodium Benzolate), Flavouring, Natural	
		Colour (Beta Carotene)], Coarse Ground Black Pepper,Spinach.	
	Mozzarella, fresh Tomato, Pesto and	White Wheat Flour, Water, Yeast, Extra Virgin Olive Oil, Salt, Malt Wheat Flour,	milk, nuts, gluten,
	Basil Ciabatta	Pasteurised Cow Milk, Salt, Microbiological Rennet, Citric Acid, tomatoes,	
		Sunflower Oil, Basil, CASHEW Nuts, Palm Oil, Medium Fat Hard Cheese (MILK),	
		Salt, Garlic, Antioxidant: Ascorbic Acid, White Wheat Flour, Water, Yeast, Extra	
		Virgin Olive Oil, Salt, Malt Wheat Flour,	
	Grilled Vegetables with shaved	Wheat Flour, Water, Salt, Sugar, (Bread Improver - Carrier E170, Emulsifier E472e,	gluten, milk
	Parmesan, roasted Tomato Chutney &	Full Fat Soya Flour, Vegetable Oil, Flour Treatment Agent E300, Enzyme	
	Rocket Leaves Focaccia	Preparation), (Breadfat; Water, Vegetable Oils(Palm, Rapeseed), Salt, Emulsifier	
		E471, Citric Acid E330), Yeast, Mixed Herbs(Basil, Oregano, Parsley, Marjoram,	
		Sage, Thyme), Red Pepper, Yellow Pepper, Courgette, Aubergine, Rocket Leaves,	
		Coarse Ground Black Pepper ,Slow Roasted Tomatoes, Rapeseed Oil, Salt, Garlic,	
		Oregano, Cow's Milk, Salt, Animal Rennet, Lysozyme E1105 (preservative), rocket.	